

Regain Control!

Strategies to Cope with Urinary Incontinence

Many women experience urinary incontinence and other pelvic floor conditions that affect quality of life.

Discover how to help prevent and treat these conditions through exercise, bladder re-training, biofeedback, surgery and medication.



Monday, October 25, 2010

5:30pm Registration; 6:00pm Program

Saint Barnabas Ambulatory Care Center
200 South Orange Avenue, Livingston, New Jersey
(across from the Livingston Mall)

Conference Room A/B

Presenters:

Rhonda Walsh, MD, Urologist, Urology Group of New Jersey
Yelena Shapiro, PT, Comprehensive Outpatient Rehabilitation Center

There is no cost to participate. Registration is required by calling 1-888-724-7123, press prompt #4

Urology Group of New Jersey
UGNJ